# Lakeside Lunchbox Menu 2023-2024

Sandwiches	\$
√ Vegemite	1.80
√ Jam 100% fruit	1.80
√ Cheese	2.10
✓ Lean Ham	3.60
√ Chicken	3.60
√ Salad	3.00



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✓ Cheese	2.50
✓ Lean Ham	4.00
✓ Salad	3.90
✓ Lean Ham & Salad	5.90
✓ Chicken & Salad	5.90
Wraps (10 inch)	\$
✓ Salad	5.40
✓ Chicken & Lettuce & Mayo	6.20
✓ Lean Ham & Salad	7.40
✓ Chicken & Salad	7.40

Salad – Lettuce, Tomato, Cucumber Carrot, Beetroot & Cheese

More Sandwich/Roll/Wrap choices available to order with the Qkr! App.

Salad Boxes	\$
<b>√</b> Salad	5.00
✓ Salad & Egg	6.10
√ Salad & Lean Ham	7.00
√ Salad & Chicken	7.00
√ Salad & Lean Ham & Egg	8.10
✓ Boiled Egg	1.10
Salad — Lettuce, Tomato, Cucumber Carrot, Beetroot & Cheese	<u> </u>
Fruit	\$
✓ Dried Sultana Bag	0.50
✓ Fresh Fruit (seasonal)	0.70
✓ Fruit in Juice (Tub)	1.40
Place your order w	ith Qkr! App

### Place your order with Qkr! App before 8:45am

#### Volunteering

If you can volunteer in the canteen
Please call Sue on 0407 465 893
Or see the canteen

When no volunteers are available the canteen will be closed at the second break.

Drinks	\$
✓ Plain Milk 300ml	1.50
✓ Plain Milk 300ml with Sipahh Straw	2.00
✓ Chocolate Flavoured Milk 300ml	2.00
✓ Strawberry Flavoured Milk 300ml	2.00
✓ Water <i>large</i> 600ml	1.50
✓ Water <i>small</i> 350ml	1.00
√ 99% Apple Juice Popper	2.00
√ 99% Apple Blackcurrant Popper	2.00
√ 99% Orange Juice Popper	2.00
✓ Chill J – Orange Passio	2.00
✓ Chill J – Raspberry	2.00
✓ Chill J – Grape	2.00

Please remember to order your essentials with your Qkr/across the counter order.

Essentials	\$	
Paper Bag	0.20	
Sauce Sachet BBQ	0.50	
Sauce Sachet Tomato	0.50	
Wooden Teaspoon	0.20	
Wooden Fork	0.20	

Under the "Healthy School Canteen Strategy" Guidelines, foods are classified as Everyday or Occasional. EVERYDAY foods (marked with a ✓) can be chosen every day and are healthy choices. Other foods are OCCASIONAL. They have moderate levels of saturated fat and/or added sugar and/or salt and should not be chosen every day.

To meet the guidelines only one occasional food item will be supplied per order.

Open: Wednesday, Thursday & Friday from 8.50am – Orders must be placed before 9.10am over the counter or 8:45am online. Late lunch orders: will result in a vegemite or jam sandwich only. Ordering: Place CHILDS NAME, CLASS & FOOD ORDER on the bag OR use the Qkr! App. Paper lunch bags 20c. No booking up system is available over the counter.

Menu next review: Term 2 2024 – check you have the correct menu as availability and prices may change due to suppliers' costs.

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Hot Food	\$
√ Cheeseburger cheese/sauce	4.60
√ Hamburger Lettuce/tom/cheese/sauce	5.40
Chicken Burger lettuce/cheese/mayo	5.40
Fish Burger — lettuce/mayo	4.30
Vegie Schnitzel Burger	5.80
√ Canteen Made Fried Rice	4.20
✓ Canteen Made Pizza	3.10
√ Canteen Made Spaghetti Bol	4.20
√ Canteen Made Potato Bake	4.20
✓ Macaroni Cheese	4.20
✓ Lasagne	4.20
✓ Corn on the Cob (Gluten Free)	0.90
√ Garlic Bread	0.60
✓ Garlic Bread (Plant Based)	0.60
Chicken Strips bundle – 5	3.50
Chicken Dinos bundle – 4	2.80
Chicken Dinos bundle – 6	4.20
Noodle Cups	2.60
Medium Pie – Low Fat	2.70
Pie — Low Fat	4.00
Sausage Roll — Low Fat	2.70
Spinach and Ricotta Roll	3.90

Snacks	\$
✓ Cheese	0.60
✓ Crackers	0.40
✓ Milo Cereal bag	
√ Ham & Cheese Roll	
✓ Pikelets	1.00
✓ Popcorn	
Muffin - Low Fat	
Sea Salt Chips	
Grain Waves	1.30
Ice Blocks No Qkr! Orders	\$
√ Slush Puppie – 4 flavours	2.00
✓ Snap Stix – 6 flavours	1.00
✓ Juicies – 4 flavours	1.70
✓ TNT – 3 flavours	1.00
Ice-cream cups	2.00

### **Qkr!** App

Download the Qkr! App. for fast, easy, cashless ordering. NO additional charges apply.

More gluten free, plant based and special items can only be found on the Qkr! App.

Orders close strictly at 8:45am. Please ensure you have ordered for the correct day. Items will only be provided for the day ordered.
All items subject to availability!



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