



BOORAGUL PUBLIC SCHOOL

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Dear Students, Parents, Carers and Families

West Lakes Regional Athletics Success

We are incredibly proud and excited to announce that our very own Indi Tam was highly successful at the West Lakes Regional Athletics Carnival. Indi achieved a personal best in the 100 m and has qualified in the 200 m race for the state carnival to be held in Sydney on 31 October. This is a wonderful achievement. Please join me in congratulating Indi and wishing her the very best of luck in her next race.



K-2 Athletics Carnival

Our K-2 Athletics Carnival was a huge success and the students really enjoyed themselves. Students had the opportunity to participate in 50m races, obstacle courses, skipping, parachuting and catching activities. Congratulations to the students who finished 1st, 2nd or 3rd in their age races and received a ribbon. Thank you to the canteen for providing lunch orders on their day off and to all the visitors who attended to make the day so special.

Kathryn Hogan



D.U.Gs Day

It was wonderful to see so many of our dads, uncles, grandfathers and friends at our annual D.U.Gs Day breakfast. D.U.Gs Day gives our students an opportunity to celebrate Fathers' Day with the special male role models in their lives. The breakfast was followed by sport and games in our playground.

I extend a huge thank you to the staff and Stage 3 Functions Committee who coordinated this event.



Upcoming Events

Term 3 Week 8 2018

Kindy Club from 9:15am – 11:45am	Friday 14 September
KH, 1/2K, 3/4J, 4/5L & 5/6P Assembly in hall from 2:30pm	Friday 14 September
LMAC – Interschool Sport at Fennell Bay Public School	Friday 14 September

Term 3 Week 9 2018

Intensive Swim Scheme Years 2, 3 & 4 deposits due to office	Monday 17 September
Teen Talk Year 5	Monday 17 September
Teen Talk Year 6	Tuesday 18 September
Student Dollarmites Banking	Tuesday 18 September
Kindy Club from 9:15am – 11:45am	Friday 21 September
K/1S, 1F, 2/3A & 5/6S Assembly in hall from 2:30pm	Friday 21 September
P&C Trivia Night	Saturday 22 September

Term 3 Week 10 2018

Student Dollarmites Banking	Tuesday 25 September
Whole School Assembly in hall from 2:15pm	Friday 28 September
Kindy Club from 9:15am – 11:45am	Friday 28 September
Last day of Term 3	Friday 28 September

Term 4 Week 1 2018

Students return to school	Monday 15 October
Student Dollarmites Banking	Tuesday 16 October
Swim Scheme full payment due to office	Tuesday 16 October
Intensive Swim Scheme for Yrs 2, 3 & 4 begins	Thursday 18 October
Kindy Club from 9:15am – 11:45am	Friday 19 October
KH, 1/2K, 3/4J, 4/5L & 5/6P Assembly in hall from 2:30pm	Friday 19 October

Disco

Our Christmas in September Disco was held last Wednesday night. This was a fundraising event for our P and C. The P and C, including the Canteen Committee, spent many volunteer hours organising the event for our students. We thank our parents, teachers and community for the time they dedicate to such events.

The disco, 'DJ'ed by Miss Stokes was loads of fun. I congratulate our students on their participation and outstanding behaviour at the event.

The disco was also an opportunity for our school and our Community Liaison Officer, Mr Matt Hutton, to host community Chit Chat. Thank you to the parents who popped in to have a chat. Chit Chat is a great way to meet other parents and have an informal chat with the school staff.

Daily Mile

As we all know, regular physical activity is an important part of staying healthy. In NSW, only about a quarter of primary aged students engage in the recommended amount of daily physical activity. In response to this, our curriculum stipulates 150 minutes of planned physical activity per week. Our school has decided that a great way to address this is to participate in the Daily Mile. This is a project that originated in the United Kingdom to encourage daily movement. Our entire school, including our staff, are participating in this initiative. We hope that students will notice improvements in their fitness levels over time and that this activity will help them to set habits that enable them to stay active throughout their lives.



Electricity Safety Talk

This week is Electricity Safety Week. Mrs Wheatley, from Ausgrid, delivered a safety message to all of our students about how to stay safe around electricity both at home and outdoors. Thank you to Mrs Wheatley for sharing this important message.

Stranger Danger

Safety of our students is paramount. Classroom teachers regularly deliver safety messages from the NSW Police Keeping Me Safe program. Please see the attached poster so that you may reinforce this information with your child/ren at home.



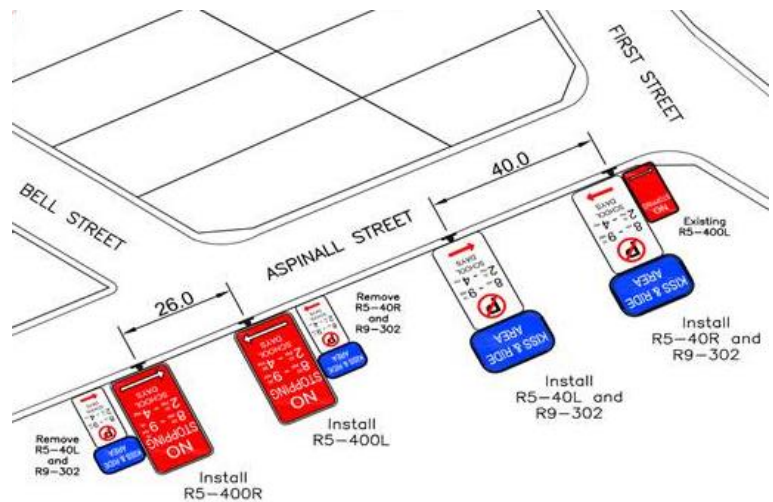
Kiss and Ride

You will be aware of the recent changes that Lake Macquarie Council have made to the Kiss and Ride Zone outside of the school.

New council and school signage will assist you in knowing where to drop off and pick up your child.

The following information is provided by Service NSW.

Kiss and Ride Zones are designed for your convenience and for your child's safety. Designed for quick entry and exit, these zones minimise congestion and risk when used properly by all parents and carers. These zones operate under the same conditions as no parking zones, which means you may stop to drop off or pick up children for a maximum of 2 minutes. You're required to remain in, or within 3 metres of, your vehicle. Days and hours of operation may apply to some zones.



Tell Them From Me

It's that time of year again when we ask for your feedback. As educators, we are always looking to improve our practice and better your child's education with quality teaching and learning.

Could you please take a few minutes to take part in a survey that will help us to understand areas that we can improve on to help our entire school community.

The survey can be found at: <https://nsw.tellthemfromme.com/jpp2w>

Trivia Night

You are invited to support Booragul Public School and our P and C Fundraising Committee by participating in a night of trivia, games and laughs at Teralba Bowling Club on the evening of Saturday 22 September.

Our P and C will be selling tickets on the verandah outside the P and C room from 2.30pm on Wednesdays, Thursdays and Fridays up until the event.

Tickets are \$15.00.

Please note that this is an adult's only event.

We hope to see you there.

Illness

We have had an outbreak of headaches, temperatures and vomiting. We will remind students of appropriate hygiene, such as hand washing.

If your child is vomiting, please keep them at home for at least 24hrs after the last time they vomit to prevent the spreading of this virus.

School Values – PRIDE Badges

Our School Values:

- Three core values – **Respect, Responsibility, Courage**
- Students will receive Values Awards from their class teachers each fortnight at Stage assemblies, around these three core values.
- Students from Years 2-6, who have Values Awards from the old system, may use these towards a badge/charm.
- All students K-6 need 5 values Awards to attain the PRIDE badge, then only 3 Values Awards for each charm.
- Charms will be issued in the order of spelling PRIDE.
- Awards must be handed into the office and will be stamped and signed to show they have been used to attain a badge/charm.
- No award can be used more than once.
- Achievement Awards cannot be used.
- Positive Postcards can be used.

Congratulations to Students:

Camryn – “P” & “R” Charm
Ruby – Quality Student Badge
Marni – Quality Student Badge
Jakayla – “R” Charm
Kiara – Quality Student Badge
Lachlan – “I” Charm
Martin- Quality Student Badge & “P” Charm
Mercedes – Quality Student Badge
David – “D” Charm



Junior Student -Fatih



Senior Student – Inara



Junior Citizenship – Scarlett



Senior Citizenship – Jensen and Mavrick

K-2 Athletics Carnival



K-2 Athletics Carnival Results

Kinder 50m	Boys	Girls
1 st	Tyler C	Faith T
2 nd	Tex L	Pepper R
3 rd	Austen P	Roma C

Year One 50m	Boys	Girls
1 st	Jackson J	Makayla V
2 nd	Oliver B	Heidi C
3 rd	Joey B	Isabella M

Year Two 50m	Boys	Girls
1 st	Malakye M	Charlotte G
2 nd	Rafael A	Taylor P
3 rd	Cooper O	Annika H

Uniform Shop

Open on Tuesday & Friday mornings from 8.30am – 9am.

Current Price List

Polo Shirt Sky Blue \$25

Polo Shirt Red \$25

Shorts Navy Blue \$20

Skorts Navy Blue \$20

Jacket Navy Blue & Red Trim \$45

Long Pants Navy Blue \$30

Hats Navy Blue Bucket \$12

Beanies Navy Blue \$10

Hair Accessories Navy Blue & Red \$4

Library Bags Navy Blue \$5

Recycled Uniforms \$5 (Limited stock available)

Summer Pack – 2 x Polo Shirts, 1 x Shorts or Skorts, 1 x Hat \$75

Winter Pack – 2 x Polo Shirts, 1 x Long Pants, 1 x Jacket, 1 x Beanie or Hat \$130

Please be advised we suggest you try on uniforms as sizing has changed.

When paying by cash, we would appreciate the correct money if possible.

If paying by EFTPOS, payment must be made at the office before any uniforms can be taken.

Lakeside Lunchbox News



Canteen Roster

Wednesday 12 September Michelle Sherelle	Thursday 13 September Nic **HELP NEEDED	Friday 14 September Julie Sarah **HELP NEEDED
Wednesday 19 September Sally Matt	Thursday 20 September Jodie **HELP NEEDED	Friday 21 September Haley Tracey Rhonda
Wednesday 26 September Michelle Sherelle	Thursday 27 September Corrine Nic	Friday 28 September Nicole Trish Danielle
Term 4		
Wednesday 17 October Sally Matt	Thursday 18 October Jodie **HELP NEEDED	Friday 19 October Tracey Rhonda
Wednesday 24 October Michelle Sherelle	Thursday 25 October Corrine **HELP NEEDED	Friday 26 October Trish Danielle

Volunteers Needed

As you can see, the canteen needs some help, but there are flexible ways that help can be organised or provided by you so consider helping out and get in touch with Sue in the canteen. Thank you

Fresh for Kids promotion

The Fresh for Kids promotion is underway and running until 21 September, Lakeside Lunchbox will be running the Fresh for Kids promotion where kids can eat fresh and win. Every time an item of food containing fruit and veggies is purchased, the child will receive a sticker which is placed on the associated card. When the card is full it can be redeemed for a foil pack and the chance to win one of several prizes including Garmin Vivofit Junior watches, Tupperware Lunch Packs and a Microsoft Xbox One X.

Eat fresh for your chance to win!

Community Liaison Officer

Trivia Night

Booragul Public School P&C's Trivia night is taking place at the Teralba Bowling Club on Saturday September 22 at 6pm. Save the date and brush up on your general knowledge, you might need it.

Cost: \$15.00 per adult

Table of up to 10 adults

Ticket sales from the Uniform Shop on

Wednesday, Thursday, Friday afternoons from 2:30pm – 3pm. Cash sales only

Community Chit-Chat @ Disco

A big thank you to everyone who came to enjoy refreshments and a chat while the kids partied at the school disco. Look out for news of our next get together.

Matt Hutton – Community Liaison Officer



Macquarie Hunter Athletics club is a family friendly athletics club that aspires to make athletics a fun and social event for the whole family whilst bringing out the best in all athletes

We are based at the Hunter Sports Centre located at Stockland Drive, Glendale which is well known as the region's premier sporting venue because of its all-weather synthetic track and the surrounding facilities.

The club caters for all ages and abilities including athletes from 3 years to Opens, Masters (+30 years) and athletes with a Disability (AWD). Our Club conducts:

Weekly club carnivals: Held Friday's commencing at 5.30pm (September to March), our first Friday night carnival is scheduled for Friday 14th September 2018. All ages and abilities are welcome!

Athletes With a Disability: Additional carnival on Saturdays commencing at 9am.

Wednesday Night training: From 5.30pm to 7.30pm (may close earlier during holiday periods)

Registration fees: Tots & U/6-17s includes Friday Nights, Training Nights & Zone Entry. AWD register as per Little As, Opens and Masters.

Age Group	Early Bird Fee (01.08.18 -31.08.18)	Registration (After 01.09.18)
Tots (Max. 4 yrs @ 31/12/18. Min. 3 yrs at time of registration)	\$130	\$130
U/6 - U/17 years (Little As)	Early Bird	\$180
Open and Masters (30 years +)	\$80 - \$200 (Community – Open)	\$80 - \$200

NSW active kids voucher (\$100): Will be deducted from fees during the registration process (including after 1/9/18).

Registration Pick Up Days: 9th Sep 2018 (must register online prior)

Early Bird	
Athletes in the family (U/6 - U/17)	Fee
1	\$ 170.00
2	\$ 335.00
3	\$ 495.00
4	\$ 650.00

Uniforms: Online at sportsmagic.com.au. Try on dates in August. Order early...

For more information please visit our website: www.machunter.com.au.



Lake Macquarie City Football Club Inc.

Established 1912

A National Premier Leagues (NPL) licensed Club since 2013

ABN 32 789 132 328

Macquarie Field
Creek Reserve Road
SPEERS POINT NSW 2284

Correspondence to:
PO Box 116
BOOLAROO NSW 2284

Email:
lakemacquariecityfootballclub@gmail.com

Website:
www.lakemacquariecityfc.sportingpulse.net

Facebook:
<https://www.facebook.com/LakeMacCityFC>

Twitter:
@LakeMacCityFC

2019 Skills Acquisition Program (SAP) Trials

Are you born in 2009 or 2010?

Think you have what it takes to become a Rooster?

Lake Macquarie City FC – 2019 SAP trial details:

When: 6pm Mon 24th and Thurs 27th Sept 2018

Where: Macquarie Field, Creek Reserve Rd, Speers Point

Pre-register NOW by completing the registration form on the club's Facebook page: www.facebook.com/LakeMacCityFC

Bring a drink bottle, shin pads and boots - trialling is free!

The skills acquisition program (SAP) is a structured elite player development program designed by Northern NSW Football and delivered under license by approved Premier football clubs such as Lake Macquarie City FC.

The 2019 program structure:

Squads: A 9 years squad (players born 2010) and
A 10 years squad (players born in 2009) will be selected

Format: Three training / game days per week

Duration: 30 weeks commencing week beginning 28th Jan 2019 finishing early September 2019 (exact dates to be confirmed).

Eligibility: For 2019, eligibility is restricted to players born in 2009 or 2010 only.



HOLIDAY CLINICS

SCHOOL HOLIDAY PROGRAM

THURSDAY 4TH OCTOBER AT GRANGE OVAL, MARYLAND
ADDRESS – GRANGE AVENUE, MARYLAND 2287
TIME: 10:00AM – 1:00PM

PLAYNRL HOLIDAY CLINIC AT THE HOME OF THE WALLSEND/MARYLAND TIGERS

The PlayNRL Holiday Clinic is a day program for kids aged 5-14 of any gender that focuses on fun, fitness and participation.

Cost: \$40 per child which includes a PlayNRL Holiday Pack.

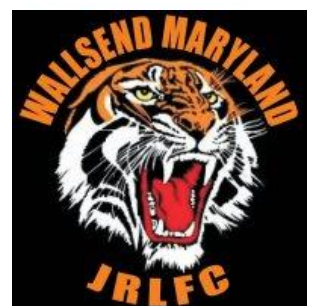
What to bring: Hat, water bottle & lunch

Game Development Officer Contact Details;

Name: Luke Lawrence Phone Number: 0402 892 487 Email: llawrence@nrl.com.au

REGISTER NOW AT www.playnrl.com UNDER THE CLINICS & PROGRAMS SECTION

PLAYNRL.COM



Tuning in to Kids

Emotionally Intelligent Parenting

A seven session parenting program for
parents of children aged 3 -12 years



Would you like to learn how to:

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

Tuning in to Kids shows you how to help your child develop *emotional intelligence*. Children with higher emotional intelligence:

- have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset or angry
- tend to have fewer childhood illnesses

Where: Morisset Public School – Terrigal Street, Morisset

When: Each Tuesday for 7 weeks

From 16th October 2018

10am – 12.00 noon

Contact: 4950 3855 for information or to register

Please note there is no childcare available at this group.



A project of Community Activities Lake Macquarie

*This program is delivered by CALM Family Support in partnership
with Southlakes Youth Service.*

Venue kindly provided by Morisset Public School.

